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INterdisciplinary Approach Towards Fostering Collaborative INnovation in FOOD Waste Management



IN2FOOD INTERNATIONAL STUDENT COMPETITION

6–19 August 2023
Indonesia



Pre-Arrival Package

<https://in2food-project.net> | www.foodwastetofinish.com

Program Overview

Theme

Finding Solutions to the Food Waste Issues
Through Various Platforms



Location

Jakarta/Tangerang & Bandung



Dates & Format

6-19 August 2023
#onsiteonly



Activities

Design thinking workshop, case hotel visits, group work,
coaching sessions, international conference, student
competition, and cultural exchange



Before You Begin

Passport

If you are a non-Indonesia national, your passport should be valid at least 6 (six) months from the date of entry.

Visa Requirements

Check your eligibility to get the VoA or Visa Exemption Facility here <https://www.imigrasi.go.id/en/visa-kunjungan-saat-kedatangan/>.

Vaccination Certificate

Face masks are no longer required. It is still recommended to bring your COVID-19 vaccination certificate with you at all time.

Weather

- Jakarta and Tangerang are hot and humid. Daytime temperature ranges from 31°C and 35°C. Bringing umbrella or sun hat is recommended.
- Bandung is a bit colder. Daytime temperature ranges from 18°C and 25°C.

Highlighted Regulations

- **Smoking is NOT allowed at any campus premises and in many indoor public spaces. Designated smoking areas are usually available. Please get the info from the security staff or front desk officer.**
- **Drinking alcohol is not allowed at any campus premises and in public spaces. However, some restaurants, bars, or clubs may have license to serve alcohol at their premises. Legal age in Indonesia to consume alcohol is 21 years.**
- **Drug use is strictly illegal and against the law.**

Things to Know

Water

Please do **NOT** drink water from the tap. Tap water in Indonesia is not for drinking purposes.

SIM Card

Getting an Indonesian SIM card is easy and SIM card vendors are easily found in places, including at the arrival terminal in the airport.

Money

You may find money exchange booths or ATMs that have globally-accepted logos, such as Visa, MasterCard, and Cirrus, in the airport or malls. .

Electronic Devices

The standard voltage in Indonesia is 220V.
The outlet has two round holes.



Transportation

If you want to explore the city, we strongly suggest you go by taxi (online/conventional). Walking on streets in Indonesia can be dangerous. The Indonesian people tend to drive cars or ride motorbikes on an excessive speed.

Basic Etiquette

What to Wear

Indonesia is tropical and wherever you go in this country you're likely to want shorts, t-shirts, or beach clothing much of the time.

However, in general, Indonesia adopts **conservative and modest dress sense**. Sleeveless tops, shorts, mini skirts, and sandals are **NOT** allowed during the program. Leggings and ripped-off jeans are not preferable.

During the cultural trip, you may wear lighter and more comfortable outfit. Reasonable-length shorts, tees, and blouses are OK.

Avoid using your left hand. The left hand is used for all bathroom activity, and considered 'dirty'.

Cover up. Make sure you know what is appropriate for where you are visiting and what you are doing.

Smile. Indonesians are known to be incredibly friendly and curious.

Basic Etiquette (continued)

Finish your whole plate of food. When you visit a local home or someone has cooked specifically for you, make sure you clean your plate. This will show you respect and appreciate their time and love their food.

Respect elders and people in high positions.

Be patient. Indonesia has a very relaxed stance when it comes to time.

Always be polite and smile. Indonesians are known to be incredibly friendly and curious.

Ask questions. When visiting a religious site, taking part in a religious practice, or simply touring a town, ask lots of questions to your Indonesian guides and friends.

Indonesians are incredibly proud of their culture and are happy to share. This is also true if you are not sure how to act or feel uncomfortable in a situation – ask questions to make sure you are following proper Indonesian etiquette.

Bahasa Indonesia

To have a more enjoyable stay in Indonesia, you are strongly encouraged to learn a few words of Bahasa Indonesia (Indonesia language).

Halo! Apa kabar? Hello! How are you?

Selamat pagi/siang/malam!
Good morning/afternoon/evening!

Sampai jumpa! Selamat tinggal! See you! Bye!

Siapa nama Anda? What is your name?

Nama saya Budi. My name is Budi.

Anda berasal dari mana? Where are you from?

Saya berasal dari Eropa. I am from Europe.

Tolong. Terima kasih! Please. Thank you!

Emergency Contacts

Emergency Numbers

110/112 – Police (General Emergencies)

118 – Ambulance and Rescue

113 – Fire

119 – Medical Emergencies

The following persons are on standby 24/7 during your stay in Indonesia. Feel free to reach to them when you need further assistance or help.

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*Have a pleasant stay
and remarkable experience.*